

ROCK CITY DANCE CENTER • LITTLE ROCK

SUMMER FUNDAMENTALS

JUNE 1 - JUNE 18

5 CLASS CARD | \$140
 10 CLASS CARD | \$230
 UNLIMITED CLASS CARD | \$275

MONDAY

<u>MINI</u> (AGES 4 -6)	<u>PETITE</u> (AGES 7-9)	<u>JUNIOR/TEEN</u> (AGES 9 -12)	<u>ADVANCED</u> (AGES 13+)
2:00-3:00 LEAPS/TURNS	2:00-3:00 LEAPS/TURNS	2:00-3:00 LEAPS/TURNS	2:00-3:00 LEAPS/TURNS
3:00-4:00 STRENGTH	3:00-4:00 STRENGTH	3:00-4:00 LYRICAL	3:00-4:00 BALLET
4:00-5:00 LYRICAL	4:00-5:00 LYRICAL	4:00-5:00 BALLET	4:00-5:00 STRENGTH
5:00-6:00 BALLET	5:00-6:00 BALLET	5:00-6:00 STRENGTH	5:00-6:00 LYRICAL
		6:00-6:30 POINTE	6:00-6:30 POINTE

TUESDAY

<u>MINI</u> (AGES 4 -6)	<u>PETITE</u> (AGES 7-9)	<u>JUNIOR/TEEN</u> (AGES 9 -12)	<u>ADVANCED</u> (AGES 13+)
2:00-3:00 CONDITIONING	2:00-3:00 CONDITIONING	2:00-3:00 CONDITIONING	2:00-3:00 CONDITIONING
3:00-4:00 ACRO	3:00-4:00 ACRO	3:00-4:00 JAZZ	3:00-4:00 PROGRESSIONS
4:00-5:00 JAZZ	4:00-5:00 JAZZ	4:00-5:00 PROGRESSIONS	4:00-5:00 ACRO
5:00-6:00 MUSICAL THEATER	5:00-6:00 PROGRESSIONS	5:00-6:00 ACRO	5:00-6:00 JAZZ

WEDNESDAY

<u>MINI</u> (AGES 4 -6)	<u>PETITE</u> (AGES 7-9)	<u>JUNIOR/TEEN</u> (AGES 9 -12)	<u>ADVANCED</u> (AGES 13+)
2:00-3:00 IMPROV	2:00-3:00 IMPROV	2:00-3:00 IMPROV	2:00-3:00 IMPROV
3:00-4:00 POM	3:00-4:00 POM	3:00-4:00 STRECH	3:00-4:00 TURNS
4:00-5:00 STRETCH	4:00-5:00 STRETCH	4:00-5:00 TURNS	4:00-5:00 POM
5:00-6:00 TURNS	5:00-6:00 TURNS	5:00-6:00 POM	5:00-6:00 STRETCH

THURSDAY

<u>MINI</u> (AGES 4 -6)	<u>PETITE</u> (AGES 7-9)	<u>JUNIOR/TEEN</u> (AGES 9 -12)	<u>ADVANCED</u> (AGES 13+)
2:00-3:00 STRENGTH/STRETCH	2:00-3:00 STRENGTH/STRETCH	2:00-3:00 STRENGTH/STRETCH	2:00-3:00 STRENGTH/STRETCH
3:00-4:00 TAP	3:00-4:00 TAP	3:00-4:00 LEAPS	3:00-4:00 CONTEMPORARY
3:00-4:00 LEAPS	4:00-5:00 LEAPS	4:00-5:00 CONTEMPORARY	4:00-5:00 TAP
4:00-5:00 CONTEMPORARY	5:00-6:00 CONTEMPORARY	5:00-6:00 TAP	5:00-6:00 LEAPS