

# RCDC ADULT CLASS SCHEDULE

## MONDAY

5:30-6:30pm Experienced Ballet

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6:00-6:30pm Beginner Tap

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6:30-7:00pm Experienced Tap

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6:30-7:30pm Yoga

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6:30-7:30pm Contemporary

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## WEDNESDAY

5:30-6:30pm Jazz

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6:30-7:00pm Beginner Ballet

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## TUESDAY

4:30-5:00pm Cardio Hip Hop

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6:00-6:30pm Beginner Tap

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6:30-7:00pm Experienced Tap

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6:00-7:00pm Hip Hop

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7:00-8:00pm Yoga

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## THURSDAY

6:00-7:00pm Movement

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6:30-7:30pm Hip Hop

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6:30-7:00pm Stretch

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